### **Meaningful Day Services**

### MAIN OFFICE:

225 S. School St., Brownsburg, IN 46112 (317) 858-8630 Fax: (317) 858-8715

### JEFFERSONVILLE THERAPY CENTER:

590 Missouri Ave., Suite 204 Jeffersonville, IN 47130 (812) 288-4688 Fax: (812) 610-8333

#### **INDIANAPOLIS DAY SERVICES:**

3725 Kentucky Ave. Indianapolis, IN 46221 (317) 248-0016

### LAWRENCEBURG THERAPY CENTER:

465 Bielby Rd., Suite C, Lawrenceburg, IN 47025 (812) 655-3541 Fax: (812) 610-8333



SO Vears of Meaningful Experiences.

IN AN INCLUSIVE, GELEBRATORY ENVIRONMENT!

We WELCOME PLAYERS, VOLINITEERS AND SPONSORS TO JOIN OUR LEAGUE!

LEAC TO JOIN OUR LEAGUE!

Meaningful Day Service.

Meaningful Day Service.

Meaningful Day Services is proud to participate in the Disability Inclusion Day at the Hendricks County Fair.

7 1 9 2 2 4 2 4 2 5 2 5 2 4 B





We're excited to share that MDS has expanded our Counseling Department to now include services at our Lawrenceburg office, in addition to our established Brownsburg location and statewide telehealth options. This expansion reflects our continued commitment to increase access to quality mental health services across Indiana.

We currently have openings for counseling services in both our Brownsburg and Lawrenceburg offices, as well as through telehealth for individuals located anywhere in the state.

What sets our Counseling Department apart is our ability to provide professional support, not only to individuals with developmental and intellectual disabilities, but also to members of the broader community.

Counseling at MDS is a confidential and supportive process where individuals can work either one-on-one, as couples, or in family settings with a master's-level therapist. Our counselors help clients better understand their thoughts, emotions, and challenges, while working together toward personal growth, mental well-being, and improved quality of life.

We tailor our approach to each client's needs, using a range of therapeutic techniques and collaborating on personalized treatment goals. Services are available in-person or via telehealth, allowing us to support individuals and families across Indiana with flexibility and convenience.

We accept private insurance, Medicaid, VA funding, and private-pay options, making it easier to access care when you need it.

If you or someone you know is seeking support, we're here to help. Contact us today to schedule an appointment or to discuss insurance options. You can submit a referral by calling 812-288-4688 ext. 256 or online at www.meaningfuldays.com/counseling.

### Our passionate counselors



I love being a counselor, because it gives me the opportunity to do work that is meaningful and helpful. Being able to work with clients feels like a privilege and has helped me to grow in my own life as well. To me, a meaningful day of counseling would be one where my clients and I are able to collaborate and discover ways for them to grow and improve their overall mental health. Whether it's focusing on the client's thoughts, behaviors, relationships, or something else, I'm grateful that there are so many ways for us to do meaningful work together!

-Mitchell Stacy, LMCHA



A meaningful day as a counselor for me is when a client learns a new skill or takes a step closer to achieving their goals. I love it when a client begins feeling proud of themselves and the progress they are making!

—Jenna Stewart, MSW



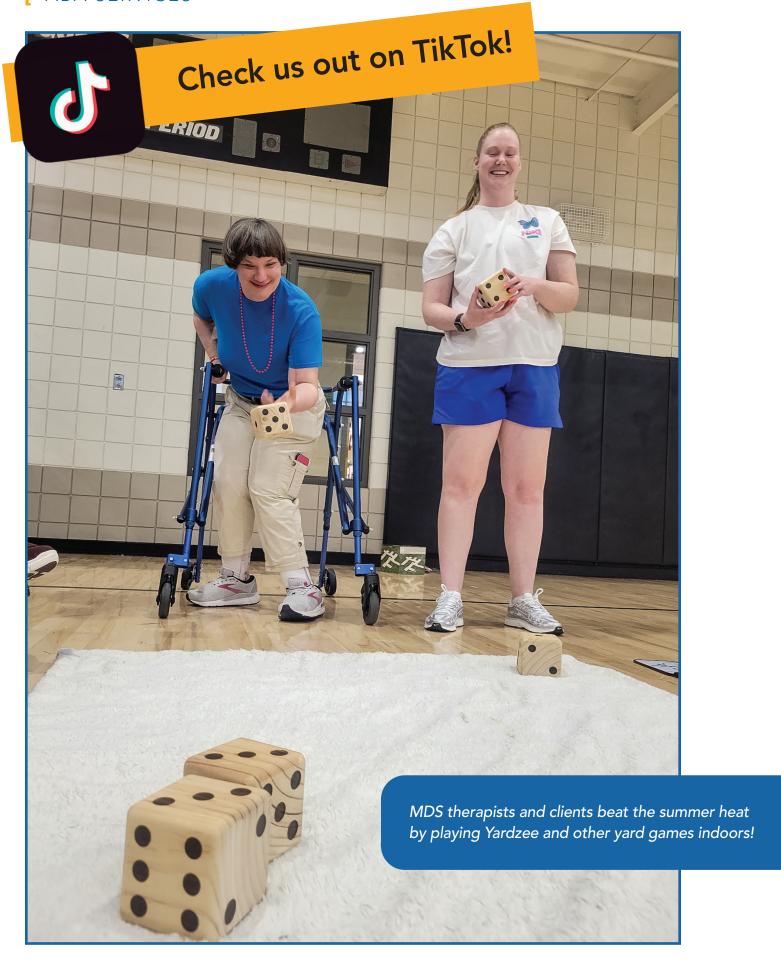
The reason I love being a counselor is being able to provide individuals with a safe space to open up and be able to be authentically, fully themselves. There is so much reward in watching people achieve their goals and reach an empowering level that really makes this career path worthwhile.

—Jillian Dani, MSW, LSW



For me, being a counselor means walking alongside individuals, families, and children through their most vulnerable and transformative moments. A meaningful day is one where a client feels seen, empowered, and supported—whether it's a breakthrough in therapy, a quiet moment of connection, or helping someone believe in themselves again.

—Marlinda Robinson, M.A., M.S., PhD



## You are invited!

# **Upcoming Workshops with Gordon Homes**

### October 7, 6:30-8:00 p.m.

"Government Programs for Individuals with Special Needs" MDS Jeffersonville: 590 Missouri Ave., Suite 204

### November 13, 6:30 – 8:00 p.m.

"Funding a Special Needs Trust"
MDS Brownsburg: 225 South School Street

Light meal is provided with RSVP RSVP by callling 317-858-8630 or online at musictherapy@meaningfuldays.net



### We are accepting referrals for the following services and locations:

**Behavioral Consultation:** Now accepting referrals in Columbus, Fishers, Franklin, Jasper, Jeffersonville, Lafayette, Lebanon, North Indianapolis, South Indianapolis, and Zionsville. Openings include daytime and afterschool (may vary based on region).

**Counseling Services:** Openings at our Brownsburg and Lawrenceburg centers as well as virtually statewide.

**Music Therapy:** Now accepting referrals in Jeffersonville, New Albany, Sellersburg, and Henryville.

**Recreational Therapy:** Now accepting referrals in Allen, Huntington, Adams, Wells, Hendricks, Vanderburgh and Warrick counties.

Submit referrals through website at: https://www.meaningfuldays.com/enroll









Follow us on Facebook: Meaningful Day Services or find us on X: @MDSIndiana, Instagram at: Meaningful\_Day\_Services and TikTok at: @meaningfuldayservices1